

Organic 2nd Foods® Purees from Gerber

Nutrients per Serving:

% Daily Values:

Products	Ingredients	Serving Size	Calories	Total Fat	Trans Fat	Sodium	Potassium	Total Carb	Fiber	Sugars	Protein	Protein	Vit A	Vit C	Calcium	Iron	Zinc
Organic Applesauce	Organic Apples, Ascorbic Acid (Vitamin C)	3.5oz (99g)	60	0g	0g	0mg	90mg	13g	1g	11g	0g	Not a significant source	0%	45%	0%	0%	
Organic Apple Sweet Potato	Organic Apples, Organic Sweet Potatoes, Water, Ascorbic Acid (Vitamin C)	3.5oz (99g)	50	0g	0g	5mg	110mg	13g	1g	11g	0g	0%	50%	45%	0%	0%	
Organic Bananas	Organic Bananas, Citric Acid, Ascorbic Acid (Vitamin C)	3.5oz (99g)	90	0g	0g	15mg	300mg	21g	1g	17g	1g	Not a significant source	2%	45%	0%	0%	2%
Organic Butternut Squash and Corn	Organic Butternut Squash, Organic Corn, Water	3.5oz (99g)	50	0g	0g	0mg	130mg	11g	1g	4g	1g	0%	40%	0%	2%	0%	2%
Organic Carrots	Organic Carrots, Water	3.5oz (99g)	30	0g	0g	85mg	230mg	7g	2g	5g	<1g	Not a significant source	490%	0%	4%	0%	2%
Organic Green Beans	Organic Green Beans, Water	3.5oz (99g)	30	0g	0g	5mg	170mg	6g	2g	2g	1g	5%	10%	0%	4%	4%	4%
Organic Pear and Wild Blueberry	Organic Pears, Organic Wild Blueberries, Ascorbic Acid (Vitamin C)	3.5oz (99g)	50	0g	0g	0g	100mg	14g	2g	9g	0g	Not a significant source	0%	45%	0%	0%	
Organic Pears	Organic Pears, Ascorbic Acid (Vitamin C), Citric Acid	3.5oz (99g)	50	0g	0g	5mg	95mg	13g	2g	8g	0g	Not a significant source	0%	45%	0%	0%	
Organic Sweet Potatoes	Organic Sweet Potatoes, Water	3.5oz (99g)	60	0g	0g	35mg	220mg	13g	1g	8g	1g	3%	350%	0%	2%	0%	2%
Organic Apple Strawberry	Organic Apples, Organic Strawberries, Ascorbic Acid (Vitamin C)	3.5oz (99g)	50	0g	0g	5mg	95mg	13g	1g	10g	0g	Not a significant source	0%	45%	0%	0%	